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Thursday, August 28, 2014

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Festival that's full of hot air

Gatineau Hot Air Balloon Festival is aiming for sky-high turnout this year PAGE 8

One year after 'rape chant' incident

St. Mary's University unveils new Welcome Week PAGE 14

A different kind of cancer marathon

Justin Jarmoc, 15, and his friends Joel Dibartolo and Brady McWaters play video games for a 72-hour marathon for charity. TREVOR GREENWAY/METRO

Doing it for dad. Gamer teens raise nearly $5K for research during 72-hour endurance test

TREVOR GREENWAY
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Most parents usually tell their kids to turn off the video games and get outside during summer vacation.

But for Bob Guenette, he's telling his 15-year-old son to keep playing.

Guenette was diagnosed with colon cancer earlier this year and when his teenaged son Justin Jarmoc told him he wanted to host a video-game marathon to raise money for cancer research, he told him to play away.

He had no idea the 72-hour video game marathon would snowball as it did. By hour 55, Jarmoc and his three friends, Joel Dibartolo, Brady McWaters and Kyle Fleming, had soared past their initial goal of $1,200 and had raised over $4,800.

"He's just a 15-year-old kid, but the fact that him and his friends have it in them to do something like this is incredible," said Guenette. "It's something that I am trying to draw on. It was a really proud moment for me."

Jarmoc learned of his father's diagnosis in February and began thinking of ways of raising awareness and money for cancer research. The four friends usually spend their summer playing video games in the basement of Jarmoc's home, so they figured they would try to raise money at the same time.

"We thought we would utilize this to help raise money and awareness for colon cancer and to help my dad out and I think it's really lifting his spirits," said Jarmoc, while shooting up terrorists in Call of Duty.

The gamers have three screens set up in Jarmoc's basement broadcasting PC and Xbox 360 games. Three gamers play at once, while a fourth takes short catnaps. When Metro showed up, McWaters was passed out on a mattress in the living room. He quickly popped up, grabbed a controller and started mashing buttons.

All four are shocked at how much money they have raised in just over two days.

"I thought we would maybe get $100," added 15-year-old Kyle Fleming.

You can watch the kids raise funds via a live stream at twitch.tv/whitenorthgaming or donate at bit.ly/wngdonatenow.

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Firms charged in Kingston fire that trapped crane operator

Military rescue.
Ministry of Labour lays 22 charges related to fire safety precautions, lack of co-operation with the investigation

December 2013 incident

The blaze was so intense that surrounding buildings had their windows blown out, a duplex and a hotel were destroyed, and vehicles caught on fire. More than 150 people were forced from their homes.

A search-and-rescue helicopter rescues crane operator Adam Jastrzebski during a fire in downtown Kingston, Ont., on Dec. 17, 2013. LARS HAGBERG/THE CANADIAN PRESS

Ontario's Ministry of Labour has laid 22 charges in relation to a Kingston fire that left a construction worker in hospital with burns after a dramatic rescue by the military.

On Dec. 17, crane operator Adam Jastrzebski was stranded on top of a crane at the centre of a fire that had engulfed a five-storey apartment building under construction.

Jastrzebski, 68, suffered burns to his hands, legs, back and buttocks. He was forced to crawl out along the boom of his crane before a military helicopter airlifted him to safety.

The military crew that carried out the rescue knew it was dealing with an extremely precarious situation.

"I wasn't concerned with our safety — I was concerned with the crane operator himself," helicopter pilot Capt. David Agnew said at the time. "I was just imagining with being in the fire for the last couple hours that the crane could fall at any time."

The Ministry of Labour has laid 11 charges related to fire safety precautions, and 11 charges related to non-co-operation with the ministry's investigation.

Ten charges were laid against Jay Patry Enterprises Inc. as a contractor, employer and corporation, including failure to take reasonable precautions to protect the health and safety of workers.

Stelmach Property Management Inc. is charged as a corporation with two counts of failing to comply with requirements issued by a Ministry of Labour inspector.

A total of 10 charges were laid against three individuals. Jason Patry, Nathan Patry and Troy Stelmach are all charged with the provision of false information to a Ministry of Labour inspector among other offences.

A court appearance is scheduled for Sept. 30.

THE CANADIAN PRESS

Consortium named for Arts Court makeover

A redeveloped Arts Court will feature a 21-storey hotel and condo and an expanded art gallery. CONTRIBUTED

The Ottawa Arts Court is set to get a complete $100-million makeover, with a 21-storey condo building, boutique hotel and an expanded Ottawa Art Gallery.

A consortium of developers has been recommended for the Arts Court redevelopment project in a report released in advance of next week's finance committee meeting.

The report names EBC Inc., DevMcGill and Groupe Germain as developers in the project and Mayor Jim Watson told Metro that with light rail on its way, an expanded Rideau Centre and now the Arts Court, Ottawa's downtown is becoming a "whole complete package."

"What we have to do is ensure that we have the necessary infrastructure above ground when the tunnel comes through, so people are going to have reason to go and take the train and get off and see the art gallery and see a play and see a new expanded Rideau Centre," said Watson.

"I think it's going to revitalize that important section of the downtown and it comes at a perfect time."

The space will also include a 250-seat multi-purpose and film screening room, along with a new 120-seat theatre and four classrooms for the University of Ottawa.

The city will chip in $41.7 million for the project, with about $7 million coming from the University of Ottawa, according to Rideau-Vanier Coun. Mathieu Fleury.

"It's already an amazing local art hub, but it's really taking it a step above now and putting it at a great calibre where we can profile local artists — at the same level of what the national galleries are doing," he said.

TREVOR GREENWAY/METRO

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Investigation. More witnesses sought in Jabeir Jemmie homicide

The Ottawa police Major Crime Unit is asking anyone who was near Elgin and Frank streets on the morning of Aug. 23 to contact them as they continue to investigate the stabbing death of Jabeir Jemmie.

The 21-year-old Ottawa man was stabbed several times outside the Living Room bar on Elgin Street around 2:30 a.m. after reportedly being in a fight inside the bar. It is the city's fourth homicide of 2014.

Police are asking anyone who was near the area between 2:15 a.m. and 2:45 a.m. to come forward.

"No one should assume that they have nothing special to contribute to the ongoing homicide investigation for Jabeir Jemmie," said Staff Sgt. Rob Drummond of the Major Crime Unit in a news release on Wednesday. "If you were in that area that night, you may have seen something, noticed someone, or even captured something on your cellphone that could be important."

Police have not made any arrests in the case nor have they identified any suspects.

Anyone with information regarding this incident is asked to contact the Ottawa Police Major Crime Unit at 613-236-1222, extension 5493, or Crime Stoppers at 613-233-8477 (TIPS), or toll-free at 1-800-222-8477. JOE LOFARO/METRO

Forensics officers gather evidence as police investigate a homicide that occurred on Elgin Street near Frank Street in Ottawa on Aug. 23. Jabeir Jemmie, 21, died in hospital hours after being stabbed in the vicinity of the Living Room and Standard bars. MIKE CARROCCETTO/FOR METRO

Leukemia survivor visits donors to say thank you

Helping keep others alive. Family hopes to promote blood donation and bone marrow registry

SEAN MCKIBBON
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Matthew Holmes, 11, shows off how strong he is while blood donor Beth Williams speaks with Matthew's older brother Patrick, mother Diana and father Daril. SEAN MCKIBBON/METRO

"I think you are the bravest person I ever met," Beth Williams told 11-year-old Matthew Holmes as she reclined in a blood donor chair at the Canadian Blood Services' Carling Avenue office.

Matthew, a survivor of acute myeloid leukemia grinned as his mother Diana, father Daril and older brother Patrick beamed proudly.

Holmes was diagnosed in 2011 when he was eight. He and his family decided to thank blood donors yesterday and promote a gift that kept him alive.

"He was an absolutely normal healthy kid, who went quite quickly to a young boy fighting for his life," said Daril, recounting his son's fight.

Matthew had to undergo rounds of punishing chemotherapy and radiation and bone marrow transplants that wouldn't have been possible except for the generosity of marrow donors and the Canadian Blood Services' donor-matching system.

Unfortunately, finding a match is difficult and Matthew's first transplant wasn't a perfect match. His second, also from his mother, failed.

An international donor pool finally matched him with a perfect match from a donor in Germany. Since Jan. 18, 2013, he seems to be getting healthier, said Diana.

But, Williams added, he's still vulnerable. He's immunocompromised because of the chemo, radiation and anti-rejection drugs. Doctors are hopeful, however, that Matthew can make a full recovery.

How to help

To book an appointment, download the GiveBlood app, visit blood.ca or call 1-888-2-DONATE.

Daril stressed that getting on the registry of marrow donors is simple and painless; just a cheek swab is all that's involved.

"I feel great right now. Like it's all gone and I'm perfectly fine," said Matthew, who likes to joke around and hammed it up for the camera.

Williams said she started donating blood seven or eight years ago because she wanted to face her fear of needles.

"It's nothing," she said of the 20-minute blood donation process.

It's a process Matthew still relies on. He needs monthly doses of intravenous immunoglobulin, a blood product that takes 1,000 donors to produce just one dose.

"These people quite literally saved my son's life," said Daril. "We just want to say thank you to them."

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Children's treatment centre to get extra funds

Provincial cash.
OCTC will benefit from new investments from the government

JOE LOFARO
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The Ottawa Children's Treatment Centre (OCTC) is receiving $400,000 in additional annual funding after the provincial government announced Wednesday it is making new investments in child treatment centres to help reduce wait times for families.

The OCTC funding is part of the $5 million the Ontario government announced it will distribute annually to Ontario's 20 children treatment centres, which serve about 70,000 kids.

The extra funding would help 2,000 more special-needs children in Ontario who need physiotherapy, occupational therapy and speech-language therapy, according to the province.

Jennifer Walker's 10-year-old son Griffin suffers from cerebral palsy and has been making trips to the OCTC since he was just six months old.

She said the increased funding will help reduce wait times for families who are new to the children's health system, and families like hers who require ongoing care for their kids.

"This is a pillar in our community," said Walker. "They are an essential resource for us. They are our first stop for therapy. They are our first stop for advice. They are our referral service to other specialties. They are our referral service to outside agencies. They really are at the centre of Griffin's care."

John Fraser, MPP for Ottawa South, and Minister of Children and Youth Services Tracy MacCharles also announced Wednesday the province is making a one-time investment of $1.25 million in children's treatment centres to cut down on wait times for assessments.

But Walker said she sees a need for more funding for Special Services at Home, a respite care program that provides families with funding to continue therapy outside of the clinics.

"If the therapist did activities with Griffin at OCTC, we could carry that on with ourselves at home, buy equipment for it, we could provide for caregiver support to come and do a range of motion activities with Griffin," said Walker.

"Without that program, families don't have a lot of support at home."

Dan and Jennifer Walker pose for a photo with their 10-year-old son Griffin, who has cerebral palsy. The Walkers say extra provincial funding should go to respite care for kids with special needs. JOE LOFARO/METRO

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What's that smell?

Ottawa building gets skunked

An Ottawa Fire Services HAZMAT team was dispatched to an office building after a complaint of a strange odour Wednesday. The team removed 11 people from 447 Cumberland St. and searched 196 Besserer St., but firefighters determined the culprit was just a skunk. METRO

Rideau River

Woman's body identified

Police say they have identified the body of a woman found in the Rideau River Tuesday, between Vincent Massey Park and Carleton University. Police said they had contacted the woman's family, but would not be releasing her identity. Foul play is not suspected. METRO

Sens RINK

New rink project announced for Laroche Park

The city announced Wednesday it will welcome a Sens RINK (Recreational Investments in Neighbourhood for Kids) Project in the spring of 2015 as part of its redevelopment of Laroche Park.

"This new facility will help Mechanicsville and Hintonburg flourish, as they keep attracting more and more young families," said Kitchissippi Councillor Katherine Hobbs.

The new Sens RINK at Laroche Park will provide access to recreational activities for hundreds of children and youth, according to a city statement. Ottawa Mayor Jim Watson thanked the Ottawa Senators "for supporting yet another community rink" that will offer activities for families in need. METRO

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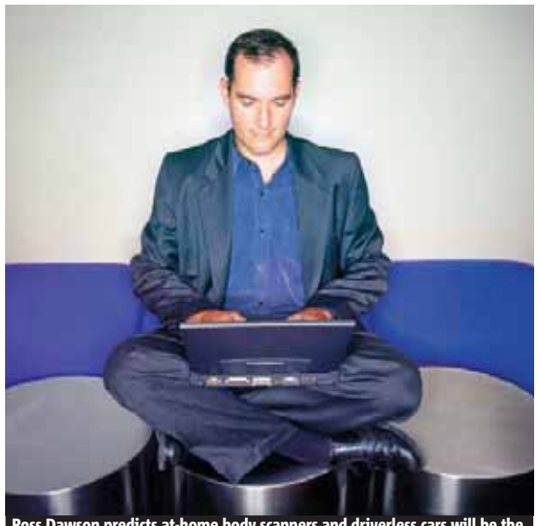

Ross Dawson predicts at-home body scanners and driverless cars will be the future of the busy back-to-school season. CONTRIBUTED

Driverless cars, body scanners may be future of back-to-school

Not so far-fetched. Return to school might be easier for the next generation of parents, or maybe not ...

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Back-to-school season can be a stressful time for parents, but driverless cars and body scanners could eventually smooth over the hassles of buying new clothes and figuring out transportation, according to a futurist.

Ross Dawson, an Australian futurist who eyes trends to forecast future technologies, says such devices will be available to parents within the next decade.

But don't be fooled by Dawson's "futurist" title — he's not a psychic and his goal is not to predict the far-fetched ideas, but rather those that are attainable.

As outlined in his latest report on the "highly stressful" back-to-school season, which was commissioned by Visa Canada, Dawson predicts the following: Parents will be able to buy clothes using an at-home scanner to measure sizes, virtual assistants will help with buying back-to-school supplies and preparing lunches and a driverless car will be able to taxi kids to school.

According to an IPSOS Reid survey, also commissioned by Visa, 52 per cent of Canadian parents with kids aged five to 16 found the back-to-school season to be stressful.

Some of Dawson's ideas are not that far-fetched, considering Google and Volvo are designing driverless cars, airports are already using full-body scanners and the virtual assistants on smartphones, like Siri, help with online shopping.

"I always believe in thinking about the future as a way we want to create a better future," Dawson said. "We want to see what is possible and be able to shape that."

Bruce Tsuji, an instructor in psychology and technology at Carleton University, said the report fails to consider the "human side" of these technologies — that is, how families will actually interact with these devices.

For example, "all the technology in the world" will not force 11-year-old kids to hang out with their parents and pick clothes with a full-body scanner, he said.

"And even though they have this cool technology in front of them that's supposed to be helping them to do that, that's not the issue," he said. "Their parents embarrass them, so why spend one more iota of time with them than you actually have to?"

More Ottawa schools to soak up solar energy with rooftop panels

Ottawa Renewable Energy Co-op. They're hoping to raise $3 million for six more rooftop projects

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More students will get hands-on education into the workings of a solar powered system, as an energy co-op is planning to install more rooftop panels on Ottawa schools.

The Ottawa Renewable Energy Co-op is hoping to raise $3 million to invest in six more solar rooftop projects in the city.

Those projects include three city high schools and at least three more on private buildings, including barns and warehouses.

"It creates an opportunity for the teachers and the students to build the very hands-on, tangible project into their classrooms," said Janice Ashworth, operations manager with OREC.

"The school boards, themselves, have been progressing on a number of different initiatives, in terms of sustainability, to demonstrate that to their students and to be keeping up with each other."

The solar systems will also be a revenue generator for the schools, as the electricity is sold back to Hydro Ottawa.

OREC installed a solar panel system at Samuel-Genest French Catholic high school earlier this year. The co-op estimated $65,000 a year in revenue for the school. It cost $500,000 to install and was expected to produce 100,000 kilowatt hours an year.

The expected costs for the other schools will likely be less, as the costs of solar power installation are decreasing, said Ashworth.

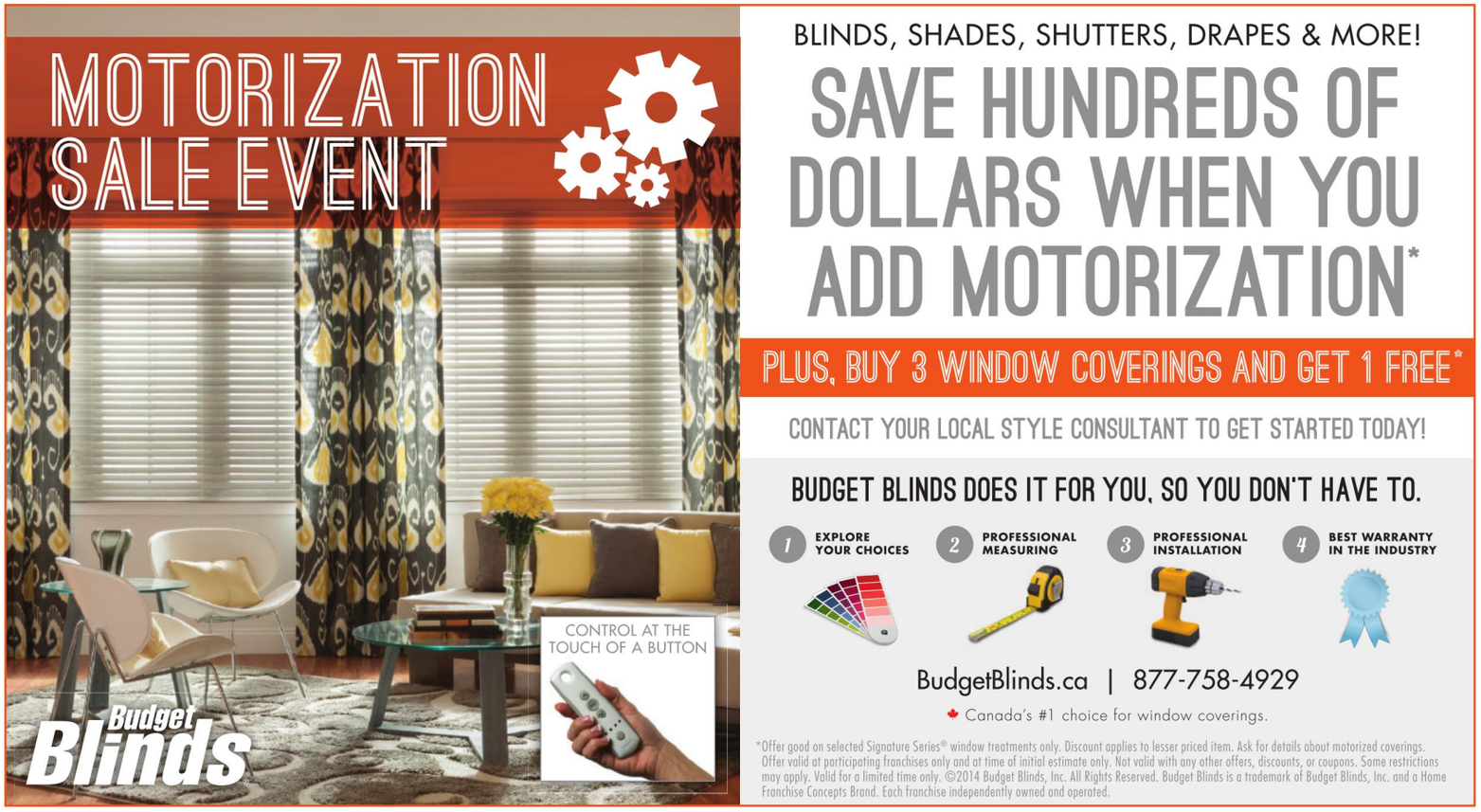
OREC is hoping to connect these solar panels by January 2015.

Members of the co-op can buy shares on the solar power systems. OREC's share offerings for previous projects, valued at $1 million each, sold out within a few months.

Info session

There will be an information session on the OREC projects on Sept. 4 between 5:30 p.m. and 6:30 p.m. at 969 Wellington Street West.

The Ottawa Renewable Energy Co-op will equip more schools with solar panels this year. CONTRIBUTED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Gatineau Hot Air Balloon Fest hopes visitor numbers lift off

Parc La Baie. An earlier start and more big acts are planned for the annual event

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The Gatineau Hot Air Balloon Festival is hoping to surpass 200,000 guests for its 27th edition, which starts Thursday with a live performance by international R&B singer Jason Derulo.

The Talk Dirty singer will hit the Loto-Quebec stage at Parc La Baie at 9:30 p.m. after Canada's own Shawn Desman warms up the crowd.

President Guy Leblanc said two big changes this year will be having two big acts perform — the second one being American Idol winner Phillip Phillips — and starting the festival a day earlier.

"There are so many demands from all the people that are coming.

"It's a nice way to end the summer. It's the last big festival of the region of the summer and being a long weekend, we thought of bringing two major shows to add up one day," said Leblanc.

Aside from the hot air balloon rides — which lift off in the morning and evening from Thursday to Monday — the festival will also include a graffiti contest, an amusement park and the North American Strength Athletes Championship on Saturday.

Other musical acts include Kaïn, Marc Dupré, Alain Barbeau, Martine St. Clair, Papa Groove and David Thibault.

Despite Environment Canada forecasting a 40 per cent chance of rain on Saturday and Monday and a 60 per chance of rain on Sunday, Leblanc is still counting on the crowds to fill the park.

"Even if we were not lucky with the Mother Nature in the last years, people were still coming," he said.

"So, imagine with the nice weather and big shows, it should be packed at Parc La Baie this weekend."

The full entertainment lineup is available at montgolfieresgatineau.com

The Gatineau Hot Air Balloon Festival begins Thursday at Parc La Baie with a performance by R&B singer Jason Derulo. COURTESY SYLVAIN MARIER

Walk, talk and learn. You can explore Ottawa with alternative tour company

There are walking tours of Ottawa if you want to be scared, and there are walking tours if you want to know more about Ottawa's significant history — and now there's a walking tour for people who like to talk about the important issues that are decided here everyday.

Part Jane's Walk, part university seminar, Ottawa (de)tours offers 90-minute walking seminars of historically significant stretches of Ottawa with separate walks specializing in the fields of finance, feminism, food and fun.

Those interested in finance will see the Bank of Canada, a credit union and a payday loan outlet. Foodies will tour New Edinburgh's wild edibles and community gardens while discussing organic eating opportunities.

The Women, Society and Spaces tour begins at the Person's Monument behind Parliament Hill and looks at legislation recognizing the evolution of women's rights.

Finally, The Politics of Play begins at Strathcona Park and looks at Ottawa's key parks, movie houses and taverns.

Each tour begins at the Bridgehead coffee shop in the hood, and ends at the Standard Tavern on Elgin because it's the only pub in Ottawa where you can pay with Bitcoin.

"We wanted the walking tour to encourage discussion of national policies, to use the city as a platform for larger discussions about national historic, political issues from many angles," said Susan Johnston, who cofounded the company in March with Dan Monafu.

"We call them moving conversations because we want people to become more engaged not only with the city's history, but the issues being decided here."

Tour tickets cost $2 until Halloween since the firm says it's in beta mode and looking for feedback on its product. Pre-register online at ottawadetours.ca.

DENIS ARMSTRONG/FOR METRO

Comedian Tom Green will revert to his goofball antics at Yuk Yuk's on Sept. 10. CONTRIBUTED

Tom Green returns to where it all began

Back home in Ottawa. Prepare for a taste of his older goofball antics during standup routine

LUCY SCHOLEY
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Tom Green may do standup around the world, but it's usually his Canadian fans who recognize his older jokes.

The Ottawa native broke out on local cable TV with his ambush-strangers-on-the-street stunts and pranks on his parents — like painting their house plaid and turning his dad's car into a "Slutmobile."

Green's deadpan face didn't start appearing globally until he moved to MTV in 1999 — remember The Bum Bum Song?

"But in Canada," he said, "there's an extra 10 years of goofball stuff that people remember."

Nowadays, rather than act as the "outrageous goofball" — he says he gets that out of his system in his standup routine — Green invites all his favourite goofballs onto his talk show, Tom Green Live.

His early '90s gags are on YouTube, including his Tom Orders a Sandwich skit, in which he repeatedly orders toppings on a Subway sandwich that turns into a mini mountain of tomatoes, lettuce and pickles.

"There's so many just crazy bits that we did back in those days," he said. "They really were kind of those YouTube-type videos before YouTube."

But Green says the world was simpler, perhaps better, before the Internet — and it's something he often brings up on his show.

Green said he wants people to walk out thinking about such things as pop culture, social media and how the world has evolved — or devolved — because of it.

"I like people to think about the way that we're living our lives and laugh at the way we're living our lives," he said.

Fans will likely get a glimpse of his older jokes when he performs two shows at Yuk Yuk's on Sept. 10. Green will also host the Comedy Awards on Sept. 14 at the Ottawa Little Theatre.

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Study: Hunger may stunt growth in Inuit children

Food insecurity. Paper published in Canadian health journal raises concerns of 'long-term implications' for kids in Arctic Quebec

Hunger among Inuit families is so prevalent in Arctic Quebec that it could explain why almost half their children are shorter than average, new research suggests.

A paper published in the Journal of the Canadian Public Health Association says the height discrepancy implies that food insecurity is a long-running problem — not just something that happens occasionally.

"The observed association between food insecurity and linear growth suggests that the diet quality and quantity of children from food-insecure households had been compromised for a long time," the paper says.

There have been numerous studies in recent years documenting food insecurity in the North, which is defined as occurring when a family feels there isn't enough on the table and either children or adults have to eat less as a result.

Wednesday's study by researchers affiliated with Laval University is believed to be the first to look into the physical consequences. They looked at 294 children between the ages of eight and 14 from several villages in Nunavik, the name for northern Quebec. About half of those children came from homes considered food-insecure. They found a high correlation between slow growth rates and food insecurity.

"Food-insecure children were significantly shorter in stature, by an average of two centimetres, than their food-secure counterparts," the report says. "For children of this age group, this is close to half a year's growth."

They also found children from hungry families tended to be more anemic.

"The results of this study raise concerns about the long-term implications of food insecurity for Nunavik," the report concludes.

THE CANADIAN PRESS

Hurricane Marie whipping up wicked waves

A boogie boarder rides a wave in Newport Beach, Calif., on Wednesday. Southern California beachgoers experienced surf much higher than normal, brought on as Hurricane Marie spun off the coast of Mexico.

CHRIS CARLSON/THE ASSOCIATED PRESS

Survivor Rupinder Kang with her daughter Mannisha

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Researchers test adaptability of the 'Walking Fish'

Walk, don't swim.
Scientists have found the Polypterus fish is able to walk more efficiently if living exclusively on land

A polypterus senegalus, or 'Walking Fish,' walks by using its fins and body for support. ANTOINE MORIN/THE CANADIAN PRESS

Research conducted at McGill University has studied the effect of a lifetime of walking on a certain type of fish.

The findings, published in the journal Nature, suggest much about the evolution of anatomy such as arms and legs.

"What we wanted to pin down was: If you change the environment of this fish, does it change its behaviour or does its anatomy change?" said Emily Standen, now at the University of Ottawa.

Her team started with a fish called Polypterus, a fish with both lungs and gills that can live in water or on land. Standen divided their fish into two groups — half on land, half in water. The team found the fish on land developed beefier muscles and became more efficient walkers than their marine counterparts.

Standen said plasticity (a term scientists use to describe an animal's capacity to adapt) in this case indicates animals have an inherent ability to evolve and live in novel environments. THE CANADIAN PRESS

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Prince Edward Island Premier Robert Ghiz. THE CANADIAN PRESS

Leaders calling for forum on murdered aboriginal women

Canada's premiers and aboriginal leaders are inviting the federal government to participate in a roundtable to address the high number of native women who are missing and murdered.

Premier Robert Ghiz of Prince Edward Island said while the premiers and native leaders would still like to see a public inquiry, they agreed to a compromise in the hopes of federal involvement.

"If we know we're not going to get somewhere, there's no point in us putting our head in the sand and saying, 'OK, we're done with it,'" Ghiz told a news conference Wednesday after hosting a meeting with aboriginal leaders and his provincial counterparts in Charlottetown.

"We believe that it's better to compromise and open up the first line of discussions rather than to just sit back and say, 'Well, I guess we'll wait for the next election and see what happens.'"

Ghiz said he would like to see federal cabinet ministers such as those in the portfolios of justice and aboriginal affairs participate in the roundtable.

THE CANADIAN PRESS

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Israeli Prime Minister Benjamin Netanyahu, left, declares victory during a news weapon during a celebration in Gaza City. Both sides of the Hamas-Israeli

SEBASTIAN SCHEINER/THE ASSOCIATED PRESS; RIGHT: ADEL HANA/THE ASSOCIATED PRESS

Israel's PM both claim

Open-ended truce. Badly battered Hamas remains in control of blockaded Gaza, with part of its military arsenal intact

Both Israel's prime minister and Hamas declared victory Wednesday in the Gaza war, though their competing claims left questions over future terms of their uneasy peace still lingering.

Israeli Prime Minister Benjamin Netanyahu's comments, delivered in a prime-time address on national television, appeared aimed at countering critics of the war, with both hard-liners in his governing coalition, as well as residents of rocket-scarred southern Israel, saying the war was a failure because it did not halt Hamas' rocket attacks or oust the group from power.

Masked Hamas militants carrying heavy weapons gave their own address upon the rubble of one destroyed Gaza neighbourhood, though their own major demands won't be addressed until indirect talks with Israel begin again in Cairo.

Israel and Hamas agreed to an open-ended truce Tuesday, with each side settling for an ambiguous interim agreement in exchange for a period of calm. Hamas, though badly battered, remains in control of Gaza with part of its military arsenal intact. Israel and Egypt will continue to control access to blockaded Gaza, despite Hamas' long-running demand that the border closures imposed in 2007 be lifted.

Hamas is seeking an end to the Israeli blockade, including the reopening of Gaza's sea and airport. It also wants Egypt to reopen its Rafah border crossing, the territory's main gateway to the outside world. Under the restrictions, virtually all of Gaza's 1.8 million people cannot trade or travel. Only a few thousand are able to leave the coastal territory every month.

Israel, meanwhile, wants Hamas to be disarmed.

"Hamas was hit hard and it

conference in Jerusalem, Wednesday. At right, a Hamas masked militant holds a conflict declared themselves winners Wednesday after agreeing to a ceasefire.

and Hamas victory

received not one of the demands it set forth for a ceasefire, not one," Netanyahu said. He said Israel "will not tolerate" any more rocket fire, and would respond "even harder" if the attacks resume.

Addressing the future of Gaza, Netanyahu said that should Palestinian President Mahmoud Abbas "choose peace," he would be happy for the Palestinian leader to regain control of the coastal enclave, which the Islamic militant group Hamas has ruled since it routed Abbas' forces in 2007. Netanyahu indicated that so long as Hamas was in power, reaching a negotiated solution to the conflict with the Palestinians was impossible.

Critics have said that Netanyahu did not go far enough to topple Hamas and that the war, meant to end incessant rocket fire on communities in Israel's south, changed little on the ground at the cost of 70 people killed on the Israeli side, all but six soldiers. The war marked the third round of fighting since Hamas seized power in Gaza.

"Both sides did not exactly want this campaign, both sides made all possible errors dragging them into it, and both sides find themselves today returning to square one, where they were at the start of the warfare," wrote Alex Fishman in the Yediot Ahronot daily newspaper.

Much of the criticism has come from residents of southern Israeli communities, thousands of whom fled their homes to seek safer areas during the war. They complain they have lived under rocket barrages for more than a decade without any change.

Many said they were reluctant to return to their homes, fearing that the ceasefire did not secure an end to rocket and mortar fire on their communities.

"There is a lot of concern and a lot of uncertainty and we want quiet already, but a real quiet, not something bogus and not a ceasefire that lasts just a few days," Liraz Levy, a resident of Kibbutz Nirim near Gaza, told Israeli television broadcaster Channel 10. THE ASSOCIATED PRESS

Baby-trafficking scandal

Head of Niger parliament flees country

The president of Niger's National Assembly has fled the country after his immunity was lifted so he could be questioned about a baby-trafficking scandal that has shaken the country's political class.

A statement read out on state television Wednesday night says Hama Amadou fled for neighbouring Burkina Faso. Amadou's wife, the country's agriculture minister, and 16 other people have already been arrested over their suspected links to the network involving the trafficking of babies from neighbouring Nigeria.

The announcement that Amadou had fled came just hours after members of Niger's parliament lifted his immunity. THE ASSOCIATED PRESS

Iqaluit

Fire crews work to extinguish 'dumpcano'

Fire crews are getting ready to start pumping water on a fire in the Iqaluit city dump that has been smouldering since May.

"We're trying to set up and trying to put water onto this thing," fire chief Luc Grandmaison said Wednesday.

"We're putting all the equipment together and (hope to) be able to pump from the sea."

The fire, known locally as the "dumpcano," has been burning deep within a massive pile of garbage.

The combustion is centred somewhere within untold numbers of household garbage bags, in a section of the dump about the size of a football field and up to four storeys deep.

THE CANADIAN PRESS

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A year after 'rape chant' incident, St. Mary's unveils new initiatives

'Commitment' to safety. Code of conduct revamp, workshops and new orientation style among changes highlighted

STEPHANIE TAYLOR
halifax@metronews.ca

Dr. Colin Dodds, president of Saint Mary's University, speaks during a news conference on the school's campus on Wednesday. PATRICK MCKENNA/FOR METRO IN HALIFAX

Nearly a year after Saint Mary's University in Nova Scotia made national headlines for the infamous "rape chant" incident, student Katelyn McLeod believes it's time to move on.

"Just because of that one bad incident it put a black name on us," the fourth-year psychology major said Wednesday.

She described that following the aftermath of the event, where a video went viral showing a group of frosh week leaders leading students in a chant glorifying non-consensual sex with underage girls, the student body has been under fire from the community.

"Everyone around us judged us," she said. "As a student, when you say you are from SMU, everyone was like, 'Oh, were you a part of the (chant)?'"

But McLeod isn't the only one ready for a reputation change. In a news conference Wednesday, members of a university action team formed in response to last year's incident unveiled a number of new initiatives the university has launched to prevent sexual violence on campus.

"Our commitment is to have ... promotion of a safe, inclusive, respectful working environment for our students, our faculty, our staff and the wider community," university president Dr. Colin Dodds said.

Dr. Esther Enns, dean of the university's faculty of education, chaired the panel as they gave a sixth-month update on a list of 20 recommendations they were tasked with implementing. Creating an understanding around consent was one of the top priorities.

"(Consent) is a safety issue for us at the university and it's a safety issue at any university," she said.

One of main changes includes the introduction of a new set of training safety videos that debunk myths around sexual assault.

Revamping the university's code of conduct to take more action against sexual violence, planning a number of workshops on sexual health and the launch of a new style of orientation called Welcome Week were among the other changes highlighted.

"(Orientation) isn't about the one or two weeks at the beginning of September," said student union executive vice-president James Patriquin. "We've realized that driving cultural change is a year-long process."

Welcome change

The newly named Welcome Week will feature more than 24 activities that prepare students for all aspects of university life, ranging from sessions on alcohol abuse to keynote speeches on diversity and sexuality issues.

London, Ont.

Western Gazette pulls controversial articles from site

Western University's student newspaper in London, Ont., has apologized and pulled three controversial articles from its website.

The Western Gazette's editorial board issued a statement Wednesday afternoon saying, in part, "our aim was to put out an entertaining issue for first-year students and Western as a whole. It's clear that we have failed to do that and, for that, we apologize."

The articles, one of which advised stalking teaching assistants on social media to score a date, sparked furor on social media over the weekend.

Critics said the other two articles that have been pulled promoted drinking and gave a guide to drug use.

All appeared in the paper's Frosh Issue.

ANGELA MULLINS/ METRO IN LONDON, ONT.

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Canadians pay high price for paper bills, statements: Report

... Roughly $500M high.
As much as $102M in fees are being paid by low-income Canadians, seniors who don't have Internet access at home

Canadians are probably paying more than half a billion dollars a year to receive printed bills and bank statements by mail, suggests a report released Wednesday by the Public Interest Advocacy Centre.

The consumer research organization polled more than 2,000 Canadians and found about three-quarters of the respondents objected to being charged fees for paper copies of their bills and balances.

One in three said they were uncomfortable with making the switch to e-billing or online banking. About 43 per cent said they could recall being notified by at least one company that they would have to pay to continue receiving bills or bank balances by mail, and just over half of those survey respondents said they accepted the charge.

While there are no official numbers disclosed by the banking and telecommunications industries stating how much money is being paid annually for paper bills and balances, PIAC estimates the total is "conservatively" between $495 million and $734 million, plus taxes. As much as $102 million in fees are being paid by low-income Canadians and seniors who don't have Internet access at home or don't use computers, suggests the report, which was funded in part by Industry Canada.

John Lawford, PIAC executive director, said he'd love for companies to reveal exactly how much they collect for paper bills. "They don't want to release it because it's supposedly competitively sensitive, which I don't really think it is ... and then secondly I think it's embarrassing."

THE CANADIAN PRESS

New agreement?

On Thursday, the country's big telecommunications companies are set to meet with the CRTC about the issue, and an agenda suggests there could be a new agreement reached by the end of the day, with a media event to follow.

- Lawford said he's not feeling overly optimistic.

Suzuki caught in spider web

Spiders have forced Suzuki to recall more than 19,000 midsize cars. The automaker says spider webs can clog a fuel vapour vent hose in some 2010 to 2013 Kizashi cars, cutting off air flow. If that happens, it can cause the gas tank to deform, causing cracks, fuel leaks and possible fires. The recall was prompted by seven reports of the problem. Service centres will replace the vent line with one that has a filter on the end. They'll also replace gas tanks if necessary. The problem hasn't caused any accidents or injuries in the U.S., Suzuki said in documents posted Wednesday by the National Highway Traffic Safety Administration. Owners will be notified this month. Those with questions can call Suzuki customer service at (800) 934-0934. GETTY IMAGES FILE

Outcry prompts shirt recall

Spanish fashion retailer Inditex said Wednesday it has withdrawn a children's shirt that triggered an outcry from people who said it was reminiscent of the clothes Jews were made to wear at Nazi concentration camps.

The long-sleeved shirt with horizontal dark stripes and a six-pointed yellow star on the left side of the chest prompted a storm on social media, with many people finding the shirt distasteful because it conjured up memories of the Holocaust.

"It was only on sale for a few hours, only online. It didn't hit the stores," said a spokeswoman for Inditex, which owns the chain Zara, where the shirt was sold. "It was withdrawn this morning."

Shirt withdrawn by Inditex SCREENSHOT

Inditex said the shirt was designed to be part of a Wild West clothing theme and the star was intended as a sheriff's badge and had "nothing to do with the Second World War."

Jews and others detained in the WWII camps by the Nazis were made to wear pajama-type clothing with dark vertical stripes. During the war the Nazis also made some Jews wear yellow stars on their chest as part of a discrimination policy. THE ASSOCIATED PRESS

Lacey Jonas

Lohan sued for publicity: Video game makers

The makers of the "Grand Theft Auto" video games say Lindsay Lohan sued to get attention when she asserted the games' latest installment features a character based on her.

In Manhattan court papers made public Tuesday, Take-Two Interactive Software Inc. maintain it was "filed for publicity purposes." THE ASSOCIATED PRESS

Online network

Quite a Twitch

Online network Twitch, which boasts 55 million monthly users — most of whom watch live and recorded footage of other people playing video games — has become one of the world's biggest sources of Internet traffic.

Amazon's commitment to purchase Twitch for nearly $1 billion this week is an acknowledgement that the service's loyal fan base present enormous opportunity. THE ASSOCIATED PRESS

Market Minute

DOLLAR 92.12¢ (+0.81¢)

TSX 15,602.65 (-16.56)

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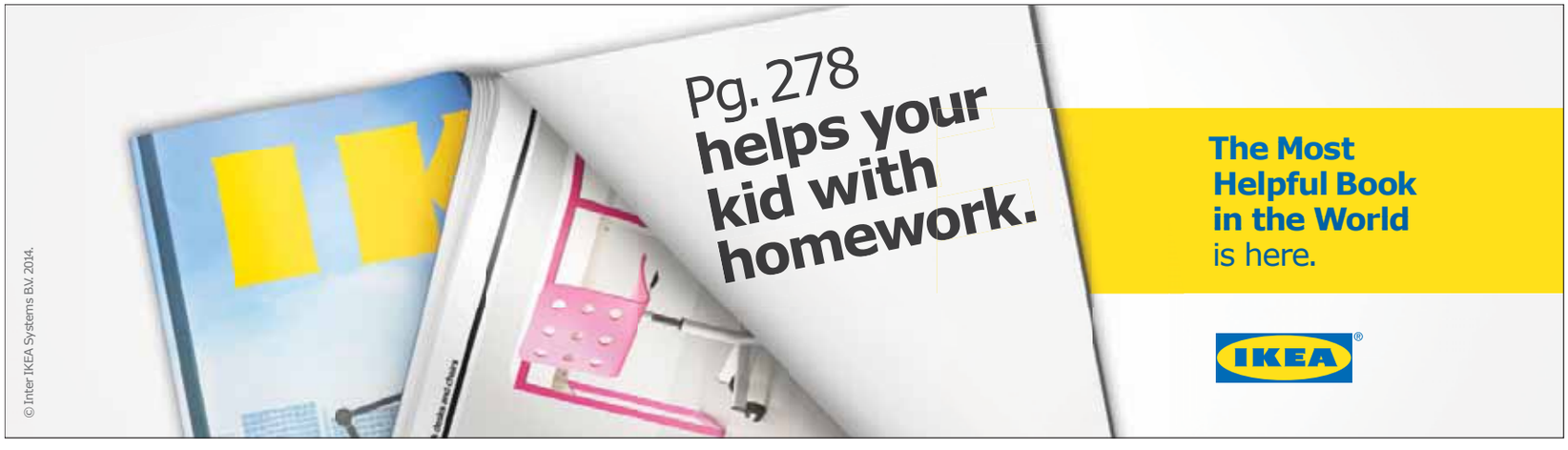
Dow Jones: 17,122.01 (+15.31)



SLOVENLY MAN'S GUIDE TO BEING A GOOD ROOMIE

HE SAYS

John Mazerolle
metronews.ca

As students head out to university, many for the first time, it's important to consider how to find a roommate and how to ensure they do all the cleaning.

Trust me, kids. Cleaning is the worst. For reasons that are now becoming clear to me, it's been many years since I've had a roommate.

But if there's one thing I took away from my time sharing a space with a near-stranger, it's that if he bought all the cleaning supplies, then clearly he should do the cleaning. It's the same set-up as when I was with my parents. What could be more homey?

It's a simple matter of compatibility.

If I found a dead animal in my apartment, I would put a Glade Plug-In in its mouth and maybe Febreeze the carcass, if I thought it needed it. Balance dictates that my roommate should be a neat freak who wipes down surfaces even when — get this — there is nothing growing on them.

Cleanliness out of the way, here are a few basic guidelines that will get you and your roomie off to a great start:

Screening your roommate:

• Discover who is the Alpha by pecking at the person's head until someone relents.

• Be sure to complete BuzzFeed's What Kind of Roommate Are You? quiz.

• Things will run more smoothly if you choose someone on the same schedule as you: Up past midnight procrastinating, a two-hour anxiety wake-up between 3 and 5, and a panicked 7:45 scramble to your 8 a.m. class.

Settling in:

• Get out ahead on being "the weird one."

• Agree on a theme for the apartment, such as Arabian Nights or The Blair Witch Project.

• It's customary to say a few words about the Eternally Soaking Frying Pan before you place it in the sink, never to be removed again.

• Explain to your roommate early on that you are the type of person who would prefer not to be murdered in your sleep, so as to avoid any future arguments.

Long-term compatibility:

• In today's post 9/11 world, NEVER leave your bags alone in your apartment.

• If your roommate has a boyfriend or girlfriend, put them at ease by letting them know that they can make as much noise in the bedroom as they want, morning, noon or night.

• If your roommate is doing all the maintenance, ask for a rent reduction since they're obviously getting more out of the place.

• Remember that the passive aggressiveness you cultivate with your roommate will be useful as you climb the corporate ladder and navigate your first couple of marriages.

• Don't let things fester, especially flesh wounds.

• You paid half the damage deposit. You get to smash only your half.

• If you're both jerkwads, get a reality TV camera crew in there, stat. If you're both happy and laughing all the time, consider stock photography. And remember, if you have any run-ins with your roommate, the simplest solution is to come clean. As always, leave that to him.

Paint the town tomate

People throw tomatoes at each other, during the annual "tomatina" tomato fight fiesta in the village of Bunol, 50 kilometres outside Valencia, Spain, Wednesday. ALBERTO SAIZ/THE ASSOCIATED PRESS

Spanish village goes pulp after annual tomato fight fest

The streets of an eastern Spanish town were awash with red pulp today, as thousands of people pelted each other with tomatoes during Tomatina, the world's most famous food fight.

Every year, the fiesta begins at around 10 a.m. with what's known as the palo jabon, in which brave revellers attempt to climb a greased pole to reach a ham, which has been placed at the top.

Then a loud signal begins the onslaught of tomato madness. Tonnes and tonnes of specially grown tomatoes are thrown into the town's main plaza, where they're crushed, so as not to cause injury.

The fight lasts an hour and covers the whole town square with red pulp. A large-scale cleaning operation ensues, involving fire hoses.

This is the second year non-resident participants were charged to take part. The town of about 20,000 people began charging to help pay off debts of some 5.5 million euros.

DAILYMAIL.CO.UK

By the numbers

125 tonnes

Amount of tomatoes dumped by trucks for 22,000 participants to pelt each other with.

MetroTube

Urban elites: That's not how you eat sushi

ANDREW FIFIELD
andrew.fifield@metronews.ca

We're all sophisticated city folk, right? We're urban elites, which means we like to fill the time between latte-sipping with such highbrow pursuits as eating sushi. But you can't just go stuffing it in your face like some kind of animal. A delicate dish deserves a delicate touch, and sushi chef Naomichi Yasuda is happy to teach us. (YouTube/Munchies)

THE CANADIAN PRESS FILE

Letters

Re: Indian youth celebrate Janmashtami festival, published Aug. 18. 2014

Last week, your paper carried an article about the festival "Janmasthami," which marks the birth of Krishna. The news item made a silly, sour reference to the divine representation, by using the expression "The Hindu God Krishna". One feels transported to the 18th or 19th century, when sundry travellers and Christian missionaries would use this type of terminology. "Krishna" is God represented in a certain manner, anthropomorphically. The supreme being is simply depicted in that way. It is not "God" apart from "God" in the Christian religion or "Allah" in Islam, or Yahweh in Judaic lore. It's the same God, that is the belief. **Varun Shekhar, Toronto**

metro AR

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 18 in Scene and page 25 in Sports.

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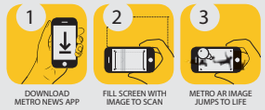

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Before green became trendy, poor art wasn't by choice

Recycled supplies. Growing up in post-war Europe forced artists to use whatever materials they could

BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

Art created by Shlomo Feldberg using recycled pop cans. JEN TRAPLIN

Wendy and Shlomo Feldberg have been creating so-called green art their whole lives — and started long before it became trendy.

The couple, now in their 70s, started dabbling when they were just kids, during a time when conventional art supplies weren't easily accessible. The Feldbergs were born during the Second World War and grew up in post-war Europe where everything was rationed and there was very little to buy.

"Being in a poor position, I looked for whatever materials were around," says Shlomo. "Of course, today we call it green, but then, it was a necessity of poverty."

"It's kind of up-market cliché to call it 'green'," adds Wendy. "But, the truth is, it's like the South American movement, Arte Povera — poor art — you have no choice. If you wish to create, you have to create with what you can get your hands on. This kind of art is a little bit wingy, I suppose, especially for old folks like us, but it's accessible and that's what it's about. We create from what is accessible to us."

For most of his projects, Shlomo uses empty pop cans he collects weekly from local restaurants, which he weaves together to create colourful recycled masterpieces. When it comes to art, Wendy says, her husband manages to find a use for just about anything.

"Sometimes, people bring him things," she explains. "He had a friend who inherited a whole bunch of silverware, and they had no use for plated silver, so she saw what Shlomo was doing and she gave him a whole pile of knives and forks and spoons. He makes art and jewelry out of it."

Wendy's art, on the other hand, is also green but much different than her husband's. It combines two of her lifelong passions: gardening and working with textiles.

She uses her lush Hintonburg backyard garden, dotted with Shlomo's forged metal art, to create natural plant dyes to make prints on fabric and paper.

"Every plant in nature will give you some sort of colour," she says. "Especially in the fall, when there's been a concentration of pigments over the summer."

Meet the artists

Meet Shlomo and Wendy Feldberg and check out their art during the West End Studio Tour, Sept. 6, 7, 13 and 14 from 10 a.m. to 5 p.m.

- **For more, go to westendstudiotour.ca**

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The boys are flipping the bird at mainstream TV

Swearnet. Sunnyvale's foul-mouthed trio ditch their Trailer Park alter egos and get autobiographical

STEVE GOW
scene@metronews.ca

The artists formerly known as the Trailer Park Boys have found themselves a new set of characters to play — themselves.

In their latest comedy Swearnet, actors Mike Smith, Robb Wells and J.P. Tremblay play fictionalized versions of themselves so frustrated with the confines of mainstream television, they decide to start an online network where cursing is celebrated. As outrageous as that sounds, the premise is actually semi-autobiographical.

"A lot of it was taken from real life," explained Tremblay recently. "We pitched some TV show ideas to networks and (they'd ask) is this going to go as the Trailer Park Boy characters. It was kind of frustrating."

Robb Wells, Mike Smith and J.P. Tremblay leave their Trailer Park Boys personas behind and play themselves in Swearnet, which opens this Friday.
CONTRIBUTED

It wasn't a surprising turn of events. The boys witnessed their host network (Showcase) become increasingly restrictive with swearing as the popularity of the show grew over its seven seasons.

"They had basically changed their format," said Smith about the network whose logo used to be Television Without Borders.

"They had very specific borders so it didn't really fit in there anymore and you can't be bleeping that show. You don't really notice how much swearing there is because it's just natural. Once you bleep it, you notice it."

What shouldn't be too surprising is Swearnet's stunning amount of cursing. In fact, the film is so chock full of foul language, audiences tend to become numb to the depravity. As Smith points out, "you don't realize you're listening to a world record being set."

In a sort of meta-twist, the Halifax threesome aren't just releasing the movie this Friday; they are actually starting up Swearnet and hope to populate the web-based network with all sorts of curse-laden programs.

"Ideally, we would like to get it to the point where we could have some version of a morning show and news and weather and sports — anything you see on a regular network," said Smith.

"But on these shows people swear, they just talk the way people talk."

AUGMENTED REALITY

→ We have to bleep out all the swearing in this trailer, but you get the idea! Scan this photo with your Metro News app to see the clip!
→ See the full instructions on Metro's Voices page.

On being censored

"It was really frustrating us because without swearing it totally changes our comedy, our sense of humour," said Tremblay. "It's an important tool to what we do and what we write."

The comedic trio has lots of plans including a movie called Fire Cobras. "It's about a fictional rock band from the 70's that become massively influential band but they've never played live," said Smith. "Everytime they try to play live, some horrific tragedy happens and it just makes the band keep getting bigger."

Quoted

"They had very specific borders so it didn't really fit in there anymore and you can't be bleeping that show. You don't really notice how much swearing there is because it's just natural. Once you bleep it, you notice it."

MIke Smith on problems they had with Showcase becoming increasingly restrictive in the language on the Trailer Park Boys

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Michelle Rodriguez ALL PHOTOS GETTY IMAGES

Tired of partying with Zac, Rodriguez returns to NYC and former female flame

Now that her summer fling with Zac Efron is behind her, Michelle Rodriguez is reportedly seeking comfort back in the arms of model Cara Delevingne, with whom she split before taking up with Efron, according to Radar Online. But don't call it a comeback — yet.

"Michelle needed to get away from Zac, and she got away from him by going to New York to see Cara. Michelle missed Cara's company," a source says.

"I wouldn't be surprised if Cara and Michelle are hooking up again. Cara is a girl — and it's no secret that Michelle likes that."

There's also the suggestion that recently rehabbed Efron might not be behaving himself as much as his publicist would like everyone to think.

"Cara doesn't party in the same way that Zac does," the source added. "Part of the reason that Michelle and Zac broke up was because she couldn't handle his partying."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Fan with phone busts Bieber's Buster's date with Selina

NED EHRBAR
Metro in Hollywood

Justin Bieber has probably had better weeks — I mean, I'm just guessing here.

First, he tries taking Selena Gomez out for a nice night at arcade funhouse Dave & Buster's — because of course he would — but he can't even enjoy a game of Need for Speed because a fan tried to snap some cellphone pictures of the pair, sending Bieber into a Wolverine-style berserker rage (because he's Canadian, get it?).

Bieber reportedly lunged at the man, grabbing for his phone, but was thwarted by his own security guards before he could make contact. (Do they get a bonus every time they have to stop Bieber from starting a fight he can't win? Because I hope so.)

Police were called, Bieber hit the skids, and now he's being investigated for attempted robbery, theft and battery since the fan — whom I'm starting to think isn't such a fan after all — is looking to press charges, according to TMZ.

It's probably nothing really worth worrying about, except Bieber is still on probation for egging his neighbour's house. Where was his security detail then, huh?

Twitter

@ladygaga
I just played with Queen
I'm the happiest girl alive!

@thandienewton
The kid just hooked me up with emojis — where the hell is my emoji?! Did the creators not travel? Read magazines? Have TV? Books? friends?!

@ConanOBrien
I hope I never discover a genie when I'm really hungry, tired, or unhappy with my cellphone reception.

Jessica Alba

Alba's honest business valued at nearly $1 billion

Maybe Jessica Alba would be better served not worrying about the whole acting-career thing. The household and baby products line she co-founded, the Honest Company, has been valued at nearly $1 billion in advance of a potential IPO, according to the Wall Street Journal. Alba's company is expected to post revenue for 2014 in excess of $150 million, and it just raised an additional $70 million in venture capital. So maybe she's not so concerned with whether or not there will be a third Sin City film.

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LIFE 3

PLUS HOMES

New season, old staples

Sale search. Now is the time to load up on tried-and-true wardrobe pieces as shops make room for their fresh fall looks

KATELYN ZBOROWSKI
life@metronews.ca

When most people hear the words "new arrivals," they immediately picture a monster-size credit card bill and shopping bags that really aren't full enough to justify the receipt hiding at the bottom.

Storefront displays filled with perfectly styled mannequins decked in fall's finest are enough to tempt anyone to give their credit card a workout, but the savvy Metro shopper knows better.

New arrivals don't need to cause price-tag panic. Why? It all comes down to the influx of new inventory and storage rooms that aren't quite big enough to handle it.

To break it down in a rhyme, when new arrivals come to play, last season leftovers simply can't stay.

And that means major savings for those who know where to look and for what.

So, what should shoppers seek? Lightweight, easy-to-layer textures.

When Preston Konrad, American Eagle Outfitters style director, was asked about the top item (no pun intended) to look out for, he shared the timeless classic: the cotton sweater.

Konrad says, "A cotton sweater is a great transition item.

"End of summer, it can be worn with shorts and cute sandals. Then, with a flannel and denim for early fall."

Sale shopping is about really getting into those racks and looking (read: hunting) for items that aren't overly trendy, but aren't so basic they bore you.

Neutrals are must-haves in any wardrobe, but so are items that express your personal style ... just so long as they don't break the bank.

When you do decide to stray from the sale signage and make a full-priced purchase, invest in something you'll get more than a single season out of.

Konrad shares that the new vegan motorcycle jacket from AEO is "perfectly tumbled and very detailed" and that you'll get a lot of wear from it.

He shares that women can easily wear it "with flannels and acid wash denim for a grunge look, or over a cool dress for a night out."

Is your style more "prep" than "punk"? Fret not, there's still plenty in store for you, too.

Just ask Elisha Ballantyne, Target Canada's divisional merchandise manager of apparel and accessories.

She says you can build up your fall wardrobe with easy-to-transition summer pieces by "layering lighter textures with heavier knits and denim."

So, stock up on sale button downs and lightweight tanks.

According to Ballantyne, "this fall, it's all about texture and pattern." Bring on the layers!

You'll find full-priced items that still feel like a steal.

The limited-edition Joseph Altuzarra for Target trench coat ($89.99, available Sept. 14), is the quintessential layering piece for the fall-winter season.

Throw it on top of your favourite summer sweater and patterned scarf for a street style section-worthy ensemble in a snap.

The basics

Joseph Altuzarra for Target, Trench Coat, $89.99 CONTRIBUTED

Forever 21, Frayed Paisley Scarf, $9.57 CONTRIBUTED

American Eagle Outfitters, Skinny Jeans, $44 CONTRIBUTED

Sole Society, Cutout Chevron Bangle, $27 CONTRIBUTED

American Eagle Outfitters, Boyfriend Cardigan, $33 CONTRIBUTED

ALDO, Sigiletto Boots, $165 CONTRIBUTED

Unlikely duo. Lady Gaga and Tony Bennett pair up for H&M ad campaign

After recording an album of duets, Lady Gaga and Tony Bennett will team up again to model looks from H&M's holiday collection.

Though the pairing may seem unlikely, the two celebrities certainly seem to be a winning team.

After the release of their collaborative album, which is scheduled for Sept. 23, the two singers will appear in a series of H&M advertisements this winter. Lady Gaga and Tony Bennett will appear in a TV spot slated to air worldwide starting in late November. AFP

Lady Gaga and Tony Bennett AFP

New

Ford corrals top designers for Mustang T-shirt

Ford has tapped Anna Sui and Pamela Love and other top designers for the creation of Mustang Unleashed, a limited-edition line of his and hers T-shirts celebrating the original Pony car. The collection of 15 designs will adorn 100 per cent organic cotton shirts made by U.S. ethical clothes maker Loomstate and will be sold by Gilt.com as of September at $39 per item. AFP

Canadian Street Style

Name: Carla

Age: 28

Occupation: Graphic designer

Spotted in: Toronto

What she's wearing:
A Détacher shoes, Topshop pants, Everlane Shirt, The Horse watch, and Raen Volant sunglasses.

Her inspiration:
Japanese minimalism

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A dash of spice and lots of soul

Creole Jambalaya. Louisiana cooking combines classical French, Spanish and Anglo-Saxon cuisines. This is a classic dish found all over the region

This recipe serves six to eight. ELIZABETH BEDDALL OF LIZBEDDALL.COM

"This dish is a close cousin to Spanish paella and they say it originated in New Iberia, La., which was originally a Spanish settlement," write Frances Wood and Thessavan Maniceavasakan in the Southern Accent Cookbook.

"This is a good recipe for using up any leftover meats!"

The book also notes that when removed from the oven, the pot should remain covered as it will keep cooking and be ready to serve in 30 minutes.

"If you are planning to serve at a later time, transfer into an ice bath which will stop it cooking further. That way, when you are ready to serve and reheat, the rice will not overcook," write Wood and Maniceavasakan,

Cookbook of the Week

Bring Cajun and Creole to your table

Toronto staple Southern Accent restaurant commemorates its 30th anniversary with Southern Accent Cookbook.

Written by founder Frances Wood and co-owner and chef Thessavan Maniceavasakan, the book offers a 144-page collection of recipes, images and anecdotes. Southern Accent Cookbook features recipes such as Hush Puppies, Blackened Chicken, Shrimp Etouffée, Bread Pudding and more. METRO

1. Combine spice mix and set aside.
2. Heat oil and sauté all meats with bay leaves for 8 minutes, add vegetables and sauté until tender-firm.
3. Add spice mix and garlic and cook 3 minutes.
4. Stir, scraping pan bottom periodically.
5. Add plum tomatoes, chili sauce and tomato paste, and bring to a boil.
6. Add stock and return to a boil.
7. Add rice, stir well, and bring to a boil.
8. Cover and cook in oven at 400 F for 20 minutes.
9. Stir thoroughly when removed from oven.

RECIPE ADAPTED FROM SOUTHERN ACCENT COOKBOOK: OUR CAJUN, CREOLE & SOUL EXPERIENCE BY FRANCES WOOD AND THESSAVAN MANICEAVASAKAN (2014).

Ingredients

Spice Mix
- 3 tsp salt
- 2 tsp cayenne
- 2 tsp ground white pepper
- 4 tsp ground black pepper
- 2 tbsp oregano
- 1 tsp thyme

- 4 tbsp vegetable oil
- 1 1/2 cups smoked ham, cubed
- 1 cup Andouille sausage, sliced
- 1 1/2 cups chicken or turkey breast
- 3 bay leaves
- 1 1/2 cups onion, chopped
- 1 1/2 cups green pepper, chopped
- 1 1/2 cups celery, chopped
- 1 tbsp minced garlic
- 2 cups plum tomatoes
- 1/2 cup chili sauce
- 1/4 cup tomato paste
- 2 1/2 - 3 cups chicken stock
- 2 cups rice

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Candy- coloured kitchen

Bright ideas. Adding paintbox colours to the kitchen creates a vibrant modern look

Kitchens in traditional and vintage homes often are dressed in conservative garb: neutral hues, stainless steel, white-on-white or beige-on-beige.

Historically, however, kitchens were actually pretty peppy, according to Deborah Baldwin, editor of This Old House magazine.

"Pastel greens, blues, creams and peaches reigned until the early 1930s, when casual, built-in eating areas were painted Kelly green, red and even black," she says.

"We have readers who are introducing brightly coloured cabinets and appliances in tomato, pumpkin and daisy," she adds.

At this year's Architectural Digest Home Design Show in New York, manufacturers were showing lots of vibrantly hued kitchen equipment. THE ASSOCIATED PRESS

Designer Meg Caswell painted walls red then added a clear glass cover to create a vibrant backsplash. Elements like stools, countertop appliances and textiles are also great ways to inject colour into a kitchen for a look that's unexpected and modern. HGTV/THE ASSOCIATED PRESS

Add vivid walls or a 'jewel -box' ceiling

Kitchens of any vintage can look great with colourful walls. Pumpkin, cobalt and deep Prussian blue enhance all kinds of woods, whether you're working with 19th-century pine, Craftsman-era oak or mid-century walnut.

- Or consider the ceiling. In a small galley kitchen, bold colour on the ceiling creates a "jewel box" effect. Deep hues like eggplant, navy, magenta or carmine complement white cabinetry in a large kitchen, and look great in both natural and artificial light.
- New York designer Gideon Mendelson applied a pea-green gingham canvas cloth to the ceiling of a country house kitchen, and painted the island in a similar shade. With a collection of vintage baskets displayed along the tops of snowy wood cabinetry, the vibe is relaxed, fresh and contemporary. (mendelsongroupinc.com)

In a rental? Go for bright accessories

If you're in a rental with limited decorating options, go for colour accents like Fiesta ware, rag rugs, a couple of snazzy stools, and counter appliances in candy hues.

A range of colours

Bertazzoni's Arancio range came in orange, burgundy and yellow. Big Chill displayed a wall full of paint-box hues including jadite (a milky green), cherry and pink. AGA's Signature line of beefy, professional-grade ranges comes in intriguing colours like aubergine, duck-egg blue, heather, pistachio, claret and British racing green. (bertazzoni.com; bigchill.com; aga-ranges.com)

With strong colour trending in kitchens, Big Chill's vibrant hues in fridges, ovens and range hoods hit the style mark. As a pop of colour in an otherwise low-key kitchen, or as part of an overall exuberant space, appliances like these — particularly with some retro details — stand out from the standard stainless offerings. BIG CHILL/THE ASSOCIATED PRESS

If you like metallics

Fans of metallics might go for Blue Star's dramatic collection of ranges, wall ovens and hoods in copper, gold and a chocolate-y ginger, as well as several hundred other colours and finishes. (bluestar-cooking.com)

Hold everything — it's fall!

It's time to clear the summer clutter and get ready for fall. There's no need to stuff everything in a closet. Try a more attractive approach to keeping your favourite things tidy with storage solutions that add style to every room in the house

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

This mirror's got you pegged

In the foyer: Check yourself out while taming those leashes, hats and scarves. Peggy Mirror, $359, UrbanMode.com.

Bevvie up to the bar cart

In the living room: Keep a cocktail party's worth of beverages and glassware on hand for lounging well into the night. Libations Bar Cart, $699, CrateAndBarrel.com.

Stow it below

In the bedroom: Gain the equivalent of an extra dresser by sliding drawers under your bed. Brusali Under-bed Storage Boxes, $42.50, IKEA.com.

A cozy case for champagne tastes

In the dining room: Keep your champagne flutes protected between grand affairs. Microfibre Flute Storage Case, $18, BedBathAndBeyond.ca.

Reach for the stars

In the kitchen: Keep your spices, sea salt or tea stored in Moroccan style. Denby Monsoon Alhambra Storage Jar, $30, TheBay.com.

Clear the way

In the bathroom: Perfectly clear acrylic disappears on the wall to float all your bath essentials. Format Storage Shelf, $80, CB2.com.

Coolest Cooler breaks Kickstarter records

The Coolest Cooler. COOLEST

Chill companion

As well as insulating perishables from the elements, the Coolest Cooler has:

- An integrated battery-powered blender for smoothies and cocktails.
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- A USB charger for keeping smartphones powered up.
- Chunky tires for easy rolling over the sand.

Cooler for 21st century. Campaign hauls in more than $10M in pledges

A beachside drinks and food cooler for the digital generation is now officially the most successful Kickstarter campaign of all time, raising an incredible $10.36 million in pledges, and the campaign is yet to close.

And as the money has rolled in, the Cooler has become, well, cooler. When it ships to its first backers in February it will also have a retractable protective drawer for storing smartphones and the like, a removable rechargeable battery, and will be able to automatically pair with another Coolest Cooler for stereo speaker sound.

The Coolest Cooler Kickstarter campaign closes on Aug. 30, so there's still time to snap one up for $185 in time for next year's summer vacation. AFP

Pack healthy, school-friendly lunches

Food fights. Give your kids something they are going to eat

JACQUELINE KOVACS
For Metro

Of all the routines associated with kids going back to school, it's packing the lunch that fills most parents with dread. And no wonder: not only do you have to worry about sending something your child will actually eat, but you also have to consider their school's policies around food.

That's why registered nutritionist Lianne Phillipson-Webb, founder of SproutRight.com, says your first step is to find out if your child's school allows such foods as fish, egg, and dairy (nuts and tree nuts are always a no-no). Beyond that, she says, making tasty, healthy lunches is both easy and a great learning opportunity for children. Here's why.

Get buy-in

Let your child know the formula and fill in a chart together with the different foods they like. Explain that they can choose from that chart for their lunch everyday — the two of you can even plan a week in advance to stave off morning-rush panic. Then you can be confident you're not sending them off with something they don't like and you've hit lunch nirvana, right?

Hand it over

If only. Sometimes that lunch you've packed comes right back home with barely a nibble gone. What then? "You say, 'That's it. I'm not packing your lunch anymore,'" said Phillipson-Webb, "and you have them make their lunches, using the formula." Take them shopping with you, she said. They'll be more inclined to eat something they helped buy and then put together themselves.

Plus, said Phillipson-Webb, when kids make their own lunches they give themselves the right quantity. "Little tummies can get overwhelmed when parents pack too much food," she said, "and then they might just reject the whole thing." Packing their own lunches also teaches kids which foods can sit in their bag for a few hours and still taste good at lunch. "It empowers them," she said.

No junk food

The one area that parents shouldn't hand over, though, is the quality of food their child takes to school. "I don't think there's a place for junk food in school," said Phillipson-Webb. "These kids are going there to learn and if you feed their bellies with the empty calories of sugary pop, chocolate bars, and chips, they're going to feel good for half and hour and then they're going to crash."

That crash makes it difficult for children to concentrate and behave — directly impacting their ability to learn. "Set a precedent," says Phillipson-Webb.

"Tell them, 'Pop or chocolate is a treat we have sometimes at home,' and explain why that is and what the implications are. They need good food because they've got to learn."

Consider the presentation

Another way to beat lunchbag letdown is to get creative. Go online with your child and look up cool lunch ideas on recipe websites and social media.

"Look up 'skewers' on Pinterest, for example, for fun things to do with fruits, vegetable, and cheese," she suggested.

Easy as 1, 2, 3 ... 4

Breaking school lunches down to a formula:

One protein: that could be eggs, cheese, meat, quinoa, fish, tofu, beans, lentils, or tempeh. **One carbohydrate:** the list includes whole-wheat bread, buns, wraps, rice, pasta, bread sticks, crackers, naan, and a wealth of artisan breads. **One fruit:** apples, berries, pears, oranges, grapes, clementines, and so on. **One vegetable:** the rule here is as colourful as possible, so think red pepper strips, baby carrots, zucchini spears, broccoli florets, sugar-snap peas, and more.

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Redblacks

Ottawa tables an offer to Dressler

The Ottawa Redblacks are making a play for coveted slotback Weston Dressler.

Redblacks general manager Marcel Desjardins said Wednesday he has made a contract offer to the former Saskatchewan Roughriders star, who cleared NFL waivers Tuesday after being released by the Kansas City Chiefs. Desjardins added he hasn't immediately heard back from Dressler's camp and wasn't sure when he would.

"We've made an offer and that's pretty much where it's at," Desjardins said. THE CANADIAN PRESS

Tiger-Cats

Zach Collaros back at practice

Zach Collaros has resumed practising with the Hamilton Tiger-Cats.

The CFL club announced it has pulled Collaros off the six-game injured list and that he practised with the team Wednesday at Tim Hortons Field.

The third-year veteran was Hamilton's major off-season acquisition, signing with the Ticats as a free agent shortly after being released by the Toronto Argonauts.

THE CANADIAN PRESS

Impatient

Gaydosh can't wait to learn where to go next

Patience is not exactly Linden Gaydosh's forte.

The six-foot-four, 305-pound defensive lineman says he's "going stir crazy" dealing with the uncertainty that is his fledgling pro football career. Gaydosh, taken first overall by the Hamilton Tiger-Cats in last year's CFL draft, was released Sunday by the Carolina Panthers and will wait for the NFL's final cutdown this weekend to see if he can land a practice-roster spot with another team.

If not, then the 23-year-old native of Peace River, Alta., will gladly sign with the Ticats.

"It's the indecision I don't like," says Gaydosh.

THE CANADIAN PRESS

NHL Commissioner Gary Bettman speaks on June 27, during the first round of the 2014 NHL Draft at the Wells Fargo Center in Philadelphia, Pa. Bettman has been coy about the league's expansion amid reports indicating there are solid plans in the works for up to four new franchises in the near future.

BRUCE BENNETT/GETTY IMAGES

NHL expansion: Is it a fact or fad?

Coming soon? Top brass non-committal but 'done deal' reports fuel speculation

NHL expansion is likely coming in the near future, though the league hasn't committed to any official plan just yet.

For more than a year, commissioner Gary Bettman has said the NHL is listening when approached by cities interested in acquiring a team, even though there's no formal expansion process underway. Amid reports this week indicating solid plans are in place, deputy commissioner Bill Daly said there's "nothing new to report on this subject."

Status quo doesn't necessarily mean the NHL won't eventually expand to Las Vegas, as the Vancouver Province reported Tuesday was a "done deal." And it doesn't necessarily discount the possibility of adding four teams by 2017, one each in Las Vegas, Seattle and Quebec City and a second in Toronto, as SportsBusinessNews.com reported via Twitter.

Getting to 32 teams sooner rather than later would make sense for a league that moved to unbalanced conferences with 16 teams in the East and 14 in the West beginning last season.

Officially, expansion is not on the agenda. But that doesn't stop the speculation.

"We listen when people say, 'We'd like to come visit you and tell you why we're interested and where we're interested,"' Bettman said in June.

Plenty of cities are interested, including Portland, Hamilton and Kansas City. But even with a new, lucrative Canadian TV deal and growing revenues, the NHL doesn't have to rush into anything.

Expansion is tempting because fees don't count toward hockey-related revenue, which gets split between owners and players.

Any expansion fee, which could run in the neighbourhood of $300 million or more, depending on the market, would be money the owners don't have to share.

Getting to 32 teams — 16 in the East and 16 in the West — makes for better playoff math and easier scheduling and would also tie the NHL with the NFL as the leagues with the most teams.

Any kind of expansion requires approval from the board of governors. The NHL hasn't expanded since 2000, when the Columbus Blue Jackets and Minnesota Wild joined the league.

With the state of business being pretty good, the league could look to change that in the coming years.

"I think if, in fact, we get to a point where there's enough interest in enough places that it warrants consideration, then the board of governors may well invoke a formal expansion process and we'll look at everything," Bettman said in June.

THE CANADIAN PRESS

By email

"Nothing new has happened."

NHL deputy commissioner Bill Daly

AUGMENTED REALITY

→ Use your Metro News app to scan the photo above and find out more pros and cons of the four main cities in contention for a new NHL franchise.

metro AR → See the full instructions on Metro's Voices page.

4 SPORTS

Not a level playing field.
Women's players take on fake turf at World Cup

Even actor Tom Hanks has an opinion about whether the athletes at the 2015 Women's World Cup should play on artificial turf or grass.

A group of players from the U.S. women's national team, who will vie for a spot in the World Cup in October qualifying, have joined with several international players in protesting the turf surfaces for next summer's big event in Canada. And they're getting rapidly growing support from the sport's fans, including Hanks.

Last week Hanks, a big soccer fan, voiced his support on Twitter: "Opinion: Women's World Cup is the best Soccer of the year. Hey FIFA, they deserve real grass. Put in sod. Hanx."

The athletes say that it's not just a safety issue because turf is less forgiving than natural grass, it's about equity. They argue the men weren't asked to play soccer's top international tournament on a fake surface.

"It really goes down to this: The men would never play a World Cup on turf, so why should the women? It's the same tournament. It's the World Cup," U.S. forward Sydney Leroux said. "It's the biggest thing that we have for soccer. Why would we play on something that's not real?"

THE ASSOCIATED PRESS

Quoted

"It really goes down to this: The men would never play a World Cup on turf, so why should the women?"

U.S. forward Sydney Leroux

Head injuries debate

Lawsuit seeks to compel soccer leaders to change safety rules

Soccer has now been caught up in the growing legal debate over head injuries.

A group of soccer parents and players filed a lawsuit seeking new safety rules aimed at preventing concussions in the sport.

The lawsuit was filed Wednesday in San Francisco federal court and seeks class action status on behalf of current and former soccer players who competed for teams governed by FIFA and several U.S.-based soccer organizations.

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Olivier Giroud

Arsenal striker faces four months off the field

Arsenal striker Olivier Giroud faces four months on the sidelines after undergoing surgery on a broken tibia. The France international was hurt in a 2-2 draw with Everton in the Premier League on Saturday, seconds after scoring.

Arsenal manager Arsene Wenger says Giroud isn't likely to be back in action until the end of December. The news was a setback for Arsenal after beating Besiktas 1-0 to qualify for the Champions League group stage on Wednesday.

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Maria Sharapova, of Russia, blows kisses to the crowd after defeating Alexandra Dulgheru, of Romania, during the second round of the 2014 U.S. Open tennis tournament on Wednesday. MATT ROURKE/THE ASSOCIATED PRESS

Sharapova dodges embarrassing upset

U.S. Open. Russian star rallies to win; Radwanska and Stephens out early

Maria Sharapova's serve and her groundstrokes were abandoning her. What she had was her conditioning.

The five-time major champion rallied from a set down to beat 95th-ranked Alexandra Dulgheru 4-6, 6-3, 6-2 in the second round of the U.S. Open on Wednesday. Sharapova overcame nine double-faults and 46 unforced errors to improve her record in three-set matches this year to 17-6.

Dulgheru had played just twice since mid-July, and she was dragging as the match approached two hours late in the second set.

On a hot, windy day, with the shadows shifting as late afternoon turned to evening, the fifth-seeded Sharapova avoided another upset on the women's side. Fourth-seeded Agnieszka Radwanska and 21st-seeded Sloane Stephens lost earlier.

"As tricky as it is, you have to expect not to play your best tennis and find a way to win," Sharapova said in an on-court interview.

The Russian star won her second French Open title in June but hasn't looked all that sharp since. Still, she hasn't lost in the second round at the U.S. Open since her Flushing Meadows debut in 2003.

Dulgheru has never been past the third round at a Grand Slam tournament.

The 21-year-old Stephens stumbled to her earliest loss at the U.S. Open, upset by 96th-ranked Johanna Larsson 5-7, 6-4, 6-2.

Peng Shuai, ranked 39th, beat Radwanska 6-3, 6-4, giving China a big win with third-ranked Li Na out with a knee injury.

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Men's match

Canada's Frank Dancevic fought for more than three and a half hours before losing a marathon to Joao Sousa 7-6 (6), 3-6, 6-2, 4-6, 7-6 (2) to exit in his opening match at the U.S. Open on Wednesday.

Clippers' coach extends contract

Doc Rivers is staying with the Los Angeles Clippers for another five years.

In Steve Ballmer's first big move since taking over as the new owner, he gave Rivers a contract extension through the 2018-19 season.

Ballmer said Wednesday it was one of his top priorities to ensure that Rivers remains as the long-term leader of the team. Rivers was a stabilizing force for the franchise during the upheaval created by former owner Donald Sterling's racist remarks that led to his ouster after 33 years of ownership.

"Not only is Doc one of the best coaches and executives in the game, but he continually embodies the hard-core, committed and resilient character and winning culture that the Clippers represent," Ballmer said, repeating the "hard-core" theme he uttered during last week's fan rally.

THE ASSOCIATED PRESS

Quoted

"Not only is Doc one of the best coaches and executives in the game, but he continually embodies the hard-core, committed and resilient character and winning culture that the Clippers represent."

Clippers owner Steve Ballmer

Los Angeles Clippers head coach Doc Rivers. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers.
It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
If you feel trapped by your current situation you must find ways to cut yourself free. You have your own plans and intend to follow them.

♉ Taurus
April 21 - May 21
Be on your guard today, especially when dealing with money matters. There is a danger someone will try to cheat you, and if your mind is elsewhere they may succeed.

♊ Gemini
May 22 - June 21
A difference of opinion may be annoying but it is of no real importance, so don't go to war over it. Be confident enough in your own beliefs that you don't need other people's approval.

♋ Cancer
June 22 - July 23
With Mars, planet of ego, moving through the most dynamic area of your chart you could not care less what other people think.

♌ Leo
July 24 - Aug. 23
You may fall out with someone you live with but nothing bad is likely to come of it. Whose fault it was in the first place is unimportant – what matters is that you move on together.

♍ Virgo
Aug. 24 - Sept. 23
You will need to take steps to control negative feelings. Be especially careful what you say in front of important people. Criticism won't go down well.

♎ Libra
Sept. 24 - Oct. 23
You will make your point more effectively today if you stay calm and back up your arguments with facts that can't be denied.

♏ Scorpio
Oct. 24 - Nov. 22
If you are too aggressive today, it could have consequences. Try not to take anything too seriously and try not to take what others say personally.

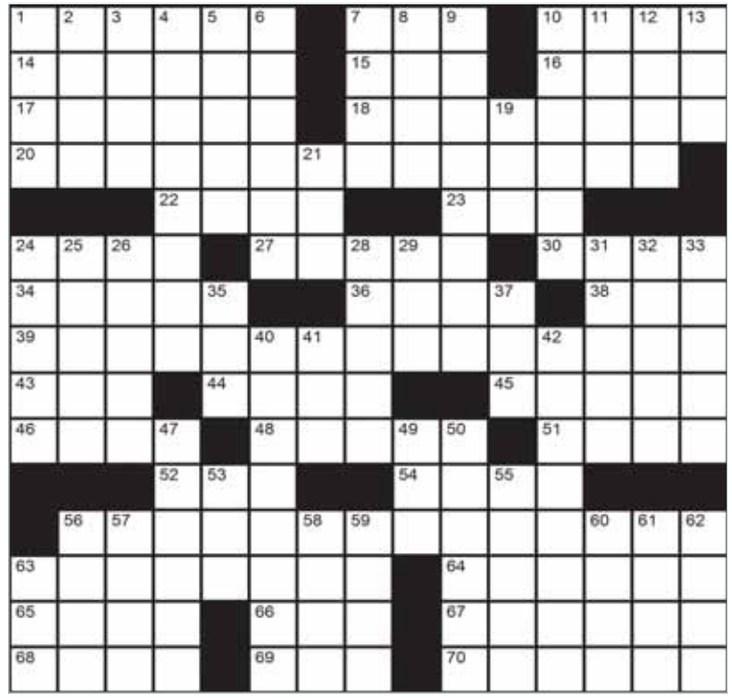
♐ Sagittarius
Nov. 23 - Dec. 21
You'll have to make a difficult choice. Don't worry what others may think of it. Worry only that if you don't act soon the matter may be taken out of your hands once and for all.

♑ Capricorn
Dec. 22 - Jan. 20
The best way to boost your confidence is to tackle tasks that require total concentration. The less time you have to worry about problems, the more likely it is they'll resolve themselves.

♒ Aquarius
Jan. 21 - Feb. 19
Be careful what you say over the next 24 hours, especially when dealing with powerful people. You may have strong feelings about certain issues but keep them to yourself.

♓ Pisces
Feb. 20 - March 20
You feel obliged to favour one thing over another but is it for the best? The planets indicate you have been pushed in that direction by people who have a vested interest in what you do.

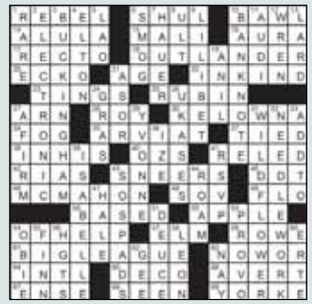
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Beatles guru, Maharishi __ Yogi
7. __ Hortons
10. Sporty striped shirts, shortly
14. Bob Dylan's "A Hard Rain's _-__ Fall"
15. Charles Dickens: Bleak House girl
16. Cholers
17. Steve __, "The Six Million Dollar Man" character
18. Southern Alberta village
20. Bit of Kim Stockwood's "Jerk": "I used to want some explanation / Now all I want is __ __ __ _ _."
22. "Makes sense now!": 2 wds.
23. "Tsk!"
24. Hawk
27. "Key __" (1948)
30. Duration
34. A Lesson from __ (Athol Fugard play)
36. Dionne Warwick's "Walk __ __"
38. Alter __
39. 2005 Rachel McAdams movie: 2 wds.
43. West __ (The Great Gatsby setting)
44. US campus mil. program
45. "American Pie" Chevy-driving spot
46. Like bottled hair
48. House sections
51. Actress Nikki
52. Toreador's taunt
54. Some soil
56. __-_-__-__ (Quebec locale which in English is called Whale Head)
63. Name of the Calgary Stampeders touchdown horse: 2 wds.
64. Baby cat
65. Latin 'year'
66. 1
67. Synchronicity
68. Feel
69. Days opp.
70. Nuts

Down
1. Lady's address
2. "_ __ Named Joe"
3. Setting of Global TV's "Remedy" [abbr.]
4. Required/meant
5. Vexed states
6. Fairytale brother
7. Sprinkled sweat-stopping stuff
8. Fan's favourite
9. Winnipeg: __ Legislative Building (More at #42-Down)
10. Does like Rosie in WWII
11. "All By Myself" by __ Carmen
12. Audio __
13. NNE opposite
19. Wildebeest
21. Politician's positive
24. Did carpentry
25. Dirge
26. Veronica of Archie Comics
28. Celebrity chef Mr. DiSpirito
29. "Patience" rock gr.
31. Annoy
32. Concur
33. Hard-__ (Tough)
35. Formal fellow
37. Fashionable monogram
40. "Just wondering, that's all.": 2 wds.
41. '60s lettered car
42. Symbols.Hidden Meanings.Cyphers... __ Code Tour, at the architectural marvel at #9-Down
47. E-business
49. Blue Jays org.
50. "____ the Sun" by Sheryl Crow
53. Currency in Albania
55. Skirt style
56. Melody
57. Mozart's "__ Kleine Nachtmusik"
58. Dryer's fluff
59. Choppers
60. "__ _ date!"
61. Vegas illuminator
62. Austrian river
63. '_' __ in Quebec

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

6								5
7			9		5			8
		9	3	6	2	4		
	9		8		7		6	
	1						3	
	2		1		6		8	
		8	4	1	3	9		
9			5		8			3
1								2

Yesterday's Sudoku

1	6	9	8	2	7	4	3	5
3	7	8	4	5	6	1	2	9
2	5	4	3	1	9	6	7	8
8	9	5	6	4	2	3	1	7
6	1	2	5	7	3	9	8	4
7	4	3	1	9	8	2	5	6
5	3	7	9	6	1	8	4	2
4	8	6	2	3	5	7	9	1
9	2	1	7	8	4	5	6	3

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